SUDDEN DO YOU CARDIAC KNOW

ARREST THE FACTS

WHAT IT IS

WHAT IT'S NOT

Sudden cardiac arrest (SCA) occurs when an electrical malfunction of the heart causes it to suddenly stop beating.

SCA is not a heart attack. A heart attack occurs when blood flow to the heart is impeded due to a blocked artery.



HOW DO I HELP?

Approximately 50% of SCA victims initially require defibrillation. All require CPR. If you perform CPR immediately and use an Automated External Defibrillator (AED) within minutes, you can double or triple a person's chance of survival.

Good chest compressions are essential to move blood throughout the body to protect vital organs. The American Heart Association (AHA) recommends a depth greater than two inches, but not more than 2.4 inches. ZOLL's® AED Plus® with integrated Real CPR Help® guides rescuers with audible and visual prompts to "Push Harder" or gives them positive reinforcement that they have achieved "Good Compressions."

THE FACTS



strikes suddenly, anytime, anywhere to anyone even if they appear healthy.





© 2017 ZOLL Medical Corporation, Chelmsford, MA, USA. AED Plus, Real CPR Help, and ZOLL are trademarks or registered trademarks of ZOLL Medical Corporation in the United States and/or other countries. All other trademarks are the property of their respective owners.



¹http://www.sca-aware.org/about-sca

²http://www.sca-aware.org/sca-news/aha-releases-latest-heart-disease-and-stroke-statistics