

How to help a victim of sudden cardiac arrest

Sudden cardiac arrest (SCA) can happen anywhere, any time. When it does, the heart unexpectedly stops beating properly, and the victim's best chance of survival depends on immediate CPR and a rescuer with an AED. Don't panic. You can help.

How you can help

Basic Life Support — 2021 ERC Guidelines

Ensure that the environment is safe

Check victim's responsiveness

Call Emergency Services

Open victim's airway

Check for breathing

Begin performing chest compressions

When the AED arrives, follow its spoken and visual directions

How ZOLL can help
ZOLL* AEDs with Real-time CPR Feedback



Check victim's responsiveness:
"Are you okay?"



Call Emergency Services



Open victim's airway, check for breathing.



"Attach AED pads to "patient's bare chest"



"Don't touch patient, analyzing"



If shock is advised:
"Press flashing shock button"



If no shock advised or after shock delivered: "Start CPR"



Not all AEDs are created equal. ZOLL AEDs provide support throughout the CPR process with real-time guidance and feedback on compression rate and depth. This helps responders deliver the best possible CPR to increase a victim's chance of survival.